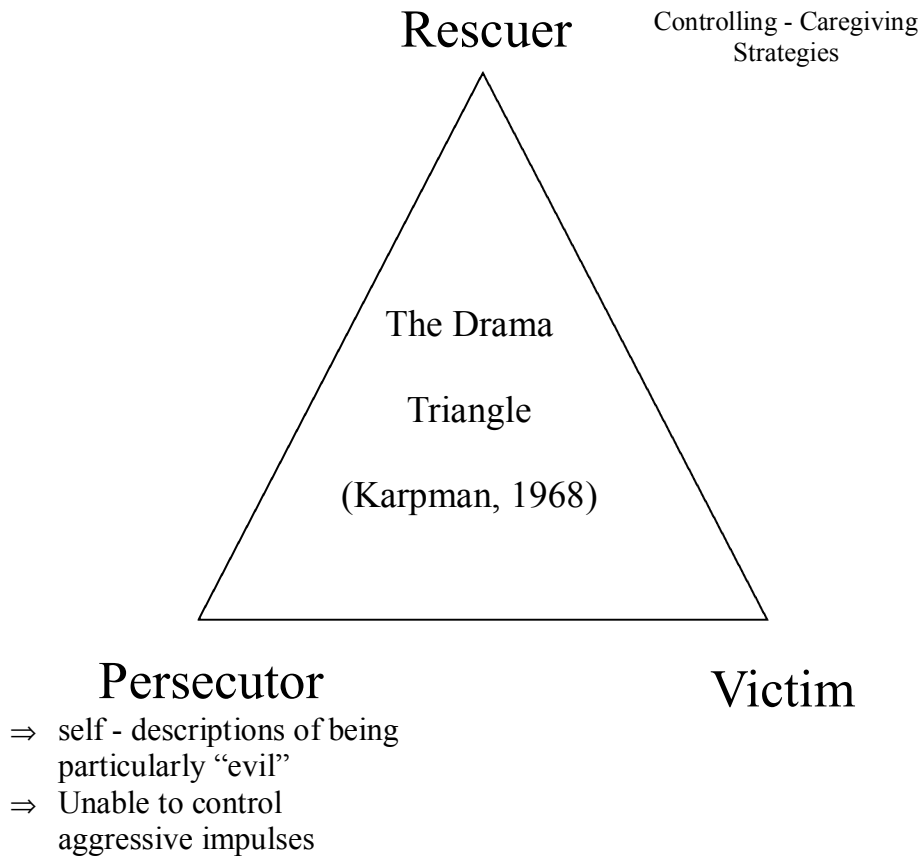


# Multiple Representations of Self and Others

Three incompatible representations of self and the attachment figure



## The 3 most common types of alter personalities

- as assessed by Ross (1989) in samples of dissociative patients are:

- 1) a helpless child personality that is often the one who preserves the clearer memory of episodes of abuse (the victim).
- 2) a hostile personality that aims to inflict suffering or death either to the primary personality or to other people (the persecutor).
- 3) a benevolent, helping personality that strives to protect the primary personality from the painful memories of the abuse and from difficult or potentially traumatic aspects of everyday life (the rescuer).